

MONSOON MENU ALLERGEN INFORMATION 2016/17

PLEASE NOTE: Allergens are used openly in our kitchen and despite best efforts trace amounts may be present.

NB: Samosa, Onion Bhajji, Hara Kebab, Okra, Chips & Pappadums are fried in the same oil so there is some risk of cross contamination with wheat (Gluten), Cashewnuts and Mustard.

MENU ITEMS		ALLERGENS							
VEGETARIAN STARTERS	NO ALLERGENS	GLUTEN	DAIRY	TREE NUTS	MUSTARD	CRUSTACEANS	EGGS	FISH	SESAME SEEDS
Vegetable Samosa		Wheat Flour							
Hara Bhara Kebab		Wheat Flour	Cottage Cheese						
Onion Bhajjee		Gram Flour							
NON VEGETARIAN STARTERS	NO ALLERGENS	GLUTEN	DAIRY	TREE NUTS	MUSTARD	CRUSTACEANS	EGGS	FISH	SESAME SEEDS
Tandoori Chicken			Yoghurt		Mustard Paste				
Chicken Tikka			Yoghurt		Mustard Paste				
Duck Rolls		Wheat Flour							
Seekh Kebab									
Chicken Pakoras		Gram Flour							
Malai Chicken Tikka			Yoghurt, Cheese						
Chicken Shashlik			Yoghurt		Mustard Paste				
Prawn Pepper Fry						Prawns			
Tandoori Prawns			Yoghurt, Butter			Prawns			
Tandoori Mix Platter			Yoghurt, Cheese, Butter		Mustard Paste				
**Mint Dip (Served With All Starters)			Yoghurt						
CHICKEN	NO ALLERGENS	GLUTEN	DAIRY	TREE NUTS	MUSTARD	CRUSTACEANS	EGGS	FISH	SESAME SEEDS
MILAGU CHICKEN CURRY					Mustard Seeds				
HOME STYLE CHICKEN CURRY	No Allergens								
CHICKEN MAKHANI			Cream, Butter	Almond					
CHICKEN CHETTINAD					Mustard Seeds				
CHICKEN LABABDAR			Cream, Butter	Almond					
CHICKEN KORMA			Cream, Butter	Almond					
CHICKEN TIKKA MASALA			Cream, Butter	Almond					
CHICKEN TIKKA JALFREZI			Cream	Almond					
CHICKEN CHILLI GARLIC	No Allergens								
CHICKEN KADHAI			Cream, Butter						
CHICKEN MADRAS					Mustard Seeds				
CHICKEN SAAG			Cream, Butter						
LAMB	NO ALLERGENS	GLUTEN	DAIRY	TREE NUTS	MUSTARD	CRUSTACEANS	EGGS	FISH	SESAME SEEDS
Lamb Korma			Cream, Butter	Almond					
Lamb Dhansak					Mustard Powder				
Rogan Josh	No Allergens								
Lamb Chettinad					Mustard Seeds				
Gosht Ka Salan			Cream	Almond					Sesame Seeds
Rarha Gosht	No Allergens								
Laal Maans			Clarified Butter						
Lamb Jalfrezi			Cream						
Lamb Chilli Garlic	No Allergens								
Lamb Kadhai			Cream, Butter						
Lamb Madras					Mustard Seeds				
Lamb Saag			Cream, Butter						

DUCK	NO ALLERGENS	GLUTEN	DAIRY	TREE NUTS	MUSTARD	CRUSTACEANS	EGGS	FISH	SESAME SEEDS
Duck Pepper Masala			Cream, Butter	Almond					
Duck Jalfrezi			Cream	Almond					
Duck Chilli Garlic	No Allergens								
Duck Kadhai			Cream, Butter	Almond					
Duck Madras					Mustard Seeds				
Duck Saag			Cream, Butter						
PRAWN	NO ALLERGENS	GLUTEN	DAIRY	TREE NUTS	MUSTARD	CRUSTACEANS	EGGS	FISH	SESAME SEEDS
King Prawn Korma			Cream, Butter	Almond		Prawns			
Malabar Prawn Curry					Mustard Seeds	Prawns			
Chingdi Malai Curry					Mustard Seeds	Prawns			
Mango Prawn					Mustard Seeds	Prawns			
Prawn Jalfrezi			Cream	Almond		Prawns			
Prawn Chilli Garlic	No Allergens					Prawns			
Prawn Kadhai			Cream, Butter	Almond		Prawns			
Prawn Madras					Mjustard Seeds	Prawns			
Prawn Saag			Cream, Butter			Prawns			
FISH	NO ALLERGENS	GLUTEN	DAIRY	TREE NUTS	MUSTARD	CRUSTACEANS	EGGS	FISH	SESAME SEEDS
Goan Red Snapper Curry					Mustard Powder			Red Snapper	
Red Snapper Meen Moilie					Mustard Seeds			Red Snapper	
Red Snapper Jalfrezi			Cream	Almond				Red Snapper	
Red Snapper Chilli Garlic								Red Snapper	
Red Snapper Kadhai			Cream, Butter	Almond				Red Snapper	
Red Snapper Madras					Mustard Seeds			Red Snapper	
Red Snapper Saag			Cream, Butter					Red Snapper	
VEGETARIAN	NO ALLERGENS	GLUTEN	DAIRY	TREE NUTS	MUSTARD	CRUSTACEANS	EGGS	FISH	SESAME SEEDS
Dal Makhani			Cream, Butter	Almond					
Bhindi Do Pyaza	No Allergens								
Mixed Vegetable Curry			Cream, Butter						
Saag Aloo			Cream, Butter						
Gobi Aloo			Cream, Butter						
Bombay Aloo	No Allergens								
Channa Masala	No Allergens								
Dal Tarka			Butter						
Paneer Methi Malai			Cottage Cheese, Cream, Butter	Almond					
Mixed Vegetable Korma			Cream, Butter	Almond					
Veg Jalfrezi			Cream	Almond					
Veg Chilli Garlic	No Allergens								
Veg Kadhai			Cream, Butter	Almond					
Veg Madras					Mustard Seeds				
Veg Saag			Cream, Butter						
Paneer Jalfrezi			Cottage Cheese, Cream	Almond					
Paneer Chilli Garlic			Cottage Cheese						
Paneer Kadhai			Cottage Cheese, Cream	Almond					
Paneer Madras			Cottage Cheese		Mustard Seeds				
Paneer Saag			Cottage Cheese, Cream, Butter						

BIRYANI	NO ALLERGENS	GLUTEN	DAIRY	TREE NUTS	MUSTARD	CRUSTACEANS	EGGS	FISH	SESAME SEEDS	
Vegetable Biryani	No Allergens		Cream							
Lamb Biryani	No Allergens		Cream							
Chicken Tikka Biryani			Cream, Yoghurt		Mustard Paste					
Prawn Biryani			Cream			Prawns				
RICE & BREADS	NO ALLERGENS	GLUTEN	DAIRY	TREE NUTS	MUSTARD	CRUSTACEANS	EGGS	FISH	SESAME SEEDS	SOYA BEAN
Basmati Rice	No Allergens									
Pulao Rice	No Allergens									
Egg Fried Rice							Eggs			Soy Sauce
Nan		Wheat Flour								
Tandoori Roti		Wheat Flour								
Coriander Nan		Wheat Flour								
GOC		Wheat Flour								
Garlic Nan		Wheat Flour								
Keema Nan		Wheat Flour								
Cheese Nan		Wheat Flour	Cheese							
Chilli Cheese Nan		Wheat Flour	Cheese							
Peshawari Nan		Wheat Flour		Cashew Nuts, Raisins						
CONDIMENTS	NO ALLERGENS	GLUTEN	DAIRY	TREE NUTS	MUSTARD	CRUSTACEANS	EGGS	FISH	SESAME SEEDS	
Mango Chutney					Mustard Seeds					
Mint Dip			Yoghurt							
Mixed Pickle					Mustard Seeds					
Pappadums	No Allergens									
Raita			Yoghurt							
Curry Sauce	No Allergens									
Madras Sauce					Mustard Seeds					
Korma Sauce			Cream, Butter	Almond						
Tikka Masala Sauce			Cream, Butter	Almond						